

ST. THOMAS AQUINAS HIGH SCHOOL
BOYS AND GIRLS SPORTS PERFORMANCE CAMP

JUNE 12, 14, 19, 21, 26

4:00 – 5:30 PM

JUNE 28, JULY 3, 5, 10, 12, 17, 19, 24, 26

11:30 – 1:00 PM

ST. THOMAS AQUINAS ATHLETIC DEPARTMENT would like to invite you to participate in a **BOYS AND GIRLS SPORTS PERFORMANCE CAMP**. St. Thomas Aquinas Varsity Strength and Conditioning Coach Ameer Riley will be hosting the camp this Summer. Each session will include time spent on the field as well as the weight room. Speed, Power, Agility, Strength, and Endurance are just a few of the areas of focus.

PLACE: St. Thomas Aquinas High School
2801 SW 12th Street
Fort Lauderdale, FL 33312

GRADES: Entering 9th grade to 12th grade (Fall of 2018)

PRICE: June - \$240.00 (6 workouts @ \$40 each), July - \$320.00 (8 workouts @ \$40 each)

Name _____ Age _____ Grade _____
Address _____ Email: _____
Parent/Guardian _____ Phone: _____
Emergency Phone Contact(s): _____
Insurance Company: _____ Policy Number: _____

Please include a copy of the Health Insurance Card with registration form.

Please mail registration before June 4th, 2018

St. Thomas Aquinas HS, Attn: Athletics, 2801 SW 12th St., Ft. Lauderdale, FL 33312

YOU CAN ALSO PAY AT THE FIRST DAY OF CAMP ON JUNE 12th. If you will be paying on the 1st day, please let us know at the email below. Please note on the check that it is for BOYS AND GIRLS SPORTS PERFORMANCE CAMP. Checks can be made out to St. Thomas Aquinas Athletics. Credit Cards will be accepted in Athletics. 954-327-2181

CONSENT TO TREATMENT:

I (We), the parents/guardians(s) of _____ consent to the St. Thomas Aquinas High School, Inc. administrators to act on our behalf should an emergency situation arise and grant permission to authorize medical attention recommended by a physician or hospital.

I (We) accept full responsibility for expenses incurred in diagnosis and treatment of any accident or illness.

Parent/Guardian Signature _____ Date _____

WHAT TO BRING:

Sneakers, cleats, water, towel, proper athletic gear, sunscreen, small snack during transition from field to weight room

CONTACT AND QUESTIONS:

Please call Ameer Riley at 781-540-9869 or email: ameerriley@gmail.