

2022 – 2023 SPORT START DATES
PHYSICAL MUST BE DATED AFTER JUNE 1ST, 2022

FALL

AUGUST 1ST **FOOTBALL – SEE FOOTBALL PACKET FOR MORE INFORMATION**
GOLF
SWIMMING & DIVING
VOLLEYBALL – GIRLS
BOWLING
CROSS COUNTRY
FALL PHYSICALS DUE JULY 25TH

WINTER

OCTOBER 17TH **SOCCER – BOYS AND GIRLS**
COMPETITIVE CHEERLEADING

OCTOBER 24TH **BASKETBALL – GIRLS**

OCTOBER 31ST **BASKETBALL – BOYS**
WRESTLING
WINTER PHYSICALS DUE SEPTEMBER 19TH

SPRING

JANUARY 9TH **WATER POLO**

JANUARY 16TH **TENNIS**

JANUARY 23RD **BASEBALL**
LACROSSE
SOFTBALL

JANUARY 30TH **TRACK AND FIELD**

FEBRUARY 6TH **BEACH VOLLEYBALL**
FLAG FOOTBALL

FEBRUARY 13TH **VOLLEYBALL BOYS**
SPRING SPORTS DUE DECEMBER 12TH

*****Reminder – All physicals, parent permission forms, consent and release forms, 3 NFHS certificates and insurance cards must be completed on www.athleticclearance.com at least 1 month prior to start of sport unless you are participating in pre-season conditioning, open gyms or tryouts, then you must complete the Athletic Clearance and take a baseline test before starting. Baseline tests must be taken at St. Thomas. All forms will be handled through www.athleticclearance.com**